

# Vision Worksheet

Restate your goal. \_\_\_\_\_

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Write a picture of your life after you have achieved your goal.

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Name at least three things you see in your vision.

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Name at least one smell that's present.

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What sound do you year?

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Who is present with you?

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What emotions are you feeling?

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Describe your current motivation to reach your goal and make this vision real.

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