

Underlying Talent Exercise

Look over the chart below. Rate the statements on a scale of 1-3 as follows.

1 - This is just like me. I almost always feel this way.

2 - Sometimes I feel this way, sometimes not.

3 - I almost never feel this way.

Statement	Rank	Trait
Life is a competition. I always need to end up on top.		Competitor
I hate planning. I usually just get started and work out the details later.		Doer
I don't plan too far ahead. I like to do whatever strikes me at the moment.		Spontaneous
One plan is not enough for me. I always have multiple plans and backup plans.		Strategist
The only way to make sure a job is done right is to do it yourself.		Soloist
I always find the best person for the job, then monitor them closely.		Coordinator
I am most comfortable when someone gives me clear instructions and goals.		Employee
Life is a game. Whoever dies with the most toys wins.		Materialist
Family and friends come first. Job and personal satisfaction come after.		Relationship
The most important things in life are enjoying inner peace and doing good in the world.		Spiritual
I tell people how it is, and they shape up or ship out.		Commander
I give people the tools to help them discover their own purpose.		Facilitator
I enjoy passing information through creative stories and illustrations.		Communicator
I feel other's joys and pains.		Empathizer
I won't stop arguing until everyone admits I'm right.		Lawyer
Careful planning and implementation is the key to success.		Builder
Once I set myself on a goal. Nothing can get in my way.		Bulldog
I want to make sure everyone is working together happily.		Peacemaker
I see my future clearly and know I can get there.		Visionary
I love to gather information before making a decision.		Learner
I love to gather information just so I can know more.		Intellectual
Whatever happens, I will succeed.		Optimist

Now go back and circle the traits associated with your number ones. These are some of your underlying talents. You probably have others. These will suffice to give you a starting place as you plan career or life goals.